

## What's Cooking

*This guide will present a few of the latest trends as well as some old favorites in book, DVD, and digital formats to guide you.*

*Non-fiction books:*

641.555 Sym, **Michael Symon's 5 in 5 : [5 fresh ingredients + 5 minutes = 120 fantastic dinners]** by Michael Symon with Douglas Trattner

Cleveland's Iron Chef and local restaurateur shares quick and easy recipes for gourmet meals.

641.631 Gre, **Quinoa revolution: over 150 healthy, great-tasting recipes under 500 calories** by Patricia Green & Carolyn Hemming

Quinoa, pronounced "Keen-wah," is a member of the chard family that acts like a grain. It is a good protein source and has a low glycemic index. Explore recipes from breakfast through dinner and dessert.

641.8653 Sha, **Cakes to die for!** By Bev Shaffer

A local chef, Bev Shaffer, leads you on an adventure in cakes of many varieties. It includes frostings and icings to complete your creations.

613.7 Run, **The Runner's world cookbook : 150 ultimate recipes for fueling up and slimming down while enjoying every bite** ed. By Joanna Sayago Golub

Performance-boosting nutrients are found in simple tasty recipes for the athlete and anyone craving healthier food choices.

977.7 Bir, **Always put in a recipe and other tips for living from Iowa's best known homemaker** by Evelyn Birkby

From a weekly newspaper column "Up a Country Lane," that began in 1949, Evelyn Birkby shares recipes and stories of friends and neighbors in a farming community.

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*Cookbooks  
Special Diet  
Ethnic Food*

*From PCDL's Digital Library:*

**30 Minute Dinners**, Zinio Digital Edition Magazines

**Taste of Home**, Zinio Digital Edition Magazines

**Nigellissima : easy Italian-inspired recipes** by Nigella Lawson downloadable Ebook from <http://overdrive.portagelibrary.org>

**Canning & Preserving for Beginners The Essential Canning Recipes & Canning Supplies Guide** downloadable Ebook from <http://overdrive.portagelibrary.org>

*Video:*

DVD 641.514 Mar, **Martha's Guests. Master chefs [videorecording]**.

Martha Stewart joins chefs Mario Batali, Bobby Flay, and Lidia Bastianich, as they demonstrate some of their recipes.

*Websites:*

**Food Network** <https://www.foodnetwork.com/recipes.html> The network website contains recipes and how-tos from the Food Network chefs.

**PBS** <https://www.pbs.org/food/> You may enjoy recipes from PBS chefs across public television networks; it also displays links to websites from different states.

**Epicurious** <https://epicurious.com> Recipe partners: **bon appetite, Gourmet, Self,** and **Lidia's** share recipes and videos and you can join for free to also receive daily or weekly recipes to your e-mail.